

WINDTHORST ATHLETIC HANDBOOK

2019-20

Athletic Code of Conduct

We believe athletics can be a valuable addition to our students' overall education. Lessons learned in athletics can be beneficial to our students throughout their lives. Because of the possible benefits, we consider it an important part of our school. While it can be beneficial to anyone who chooses to participate, it is considered a privilege and requires participants to abide by the code of conduct. This code of conduct is used as a supplement to the rules and regulations that can be found in the Parent Information Handbook on the UIL website.

Physical / Medical Requirements

All students must have on file with the school, a current physical examination form and the additional paperwork required by the UIL. Each student will be given the necessary forms at the beginning of each year and must have them completed before participation.

Student Eligibility

A student in grades 7-12 is eligible to participate in extracurricular activities after any requirements by the state or district are met.

Offseason

Any student who still has sports remaining must participate in the offseason program. For example, if the student only plays basketball, they must participate in offseason during volleyball and softball season even though they are not playing a sport at that time. EXCEPTION-(Golf and Tennis)

Behavior

Students are expected to uphold all school rules and represent Windthorst in a positive way whether we are in competition or traveling to and from. Any discipline outside of the sports area such as ISS, multiple detentions, improper behavior outside of classroom, tardiness, and classroom behavior can result in punishment or loss of playing time. You are representing the Windthorst in and out of sports.

When speaking to the press, always be complimentary about your opponent (no trash talk); speak enthusiastically about hard work, your teammates and Windthorst High School.

Teams:

Every attempt will be made to field as many teams as possible for each sport so that players can receive the maximum amount of playing time. However, sometimes games are hard to find because other schools do not have as many participating in sports. It is up to the coach of each sport to assign teams.

Seniors in good standing will be on the varsity team, however that is the only time a students' age will factor into what team they are placed on.

Equipment Rules

Each student will be given two sets of workout gear and a bag at the beginning of the year. They are required to keep these throughout the year and return them when the year is over. We are not responsible for lost items that are loaned to other students. Students may be issued other equipment or uniforms that are sports specific and this will need to be turned in at the end of the season. All uniforms and sports specific apparel and equipment must be turned in one week after the completion of the season.

Boys are given 1 set of workout attire and required to purchase a travel shirt and girdle.

Lost apparel or equipment will be paid for with the prices as follows.

Workout shirt/short: \$10 each

Bag/backpack: \$40

Sweat top and bottom: \$25 each

Uniforms: varies from sport to sport

All athletic shoes must be paid for prior to receiving them. If you wear the shoes to practice or games, they cannot be returned

Dress

Coaches are responsible for the dress code of their team depending upon what sport it is. All dress codes will abide by the Windthorst ISD dress code. (Ex. Game day dress, travel shirts, practice wear, etc)

Quitting

All athletes are expected to complete what they start.

1. If an athlete quits a sport, they may not participate in games for the next sport until the first sport season is completed.
2. If an athlete quits a second time within one school year, they may not be permitted to participate in a third sport that year.
3. If an athlete wishes to join a sport after not playing the previous year, it is up to the coach to decide if the athlete can participate in their sport.

Attendance

Athletes are expected to attend every practice and game. Practices and or games may be scheduled when school is not in session or when school is on a holiday break. Arrangements must be made to attend any practices scheduled over school breaks. If an athlete is going to miss practice or a game, the coach needs to be notified in advance if possible so proper changes can be made. There could be punishment for missing practices even if the coach has been notified.

School sports will supersede any club or out of school sports.

. Alcohol and Illegal drugs

The use and or possession of any illegal substance will not be tolerated. School policies will be followed when dealing with any infractions, but additional punishment can occur through athletics. Any athlete involved with alcohol, tobacco, or drugs are not only a detriment to themselves but to the well-being and reputation of the athletic program.

1st offense- 1 week suspension of UIL contests and 20 miles of running. Suspension will include the normal amount of games played in a week. (1 game- football track, cross country, golf, tennis—2 games for baseball/softball, basketball but could include more if tournaments fall within that week. Punishment can over to next sport or future sports(if student is not in season at time of offense.)

2nd offense- 6 week suspension and 100 miles of running

3rd offense- 1 calendar year suspension and 100 miles of running.

Tobacco and e- cigarettes

1st offense- 20 miles of running to be completed before any involvement in activities.

2nd offense-- 1 week suspension of UIL contests and 20 miles of running. Suspension will include the normal amount of games played in a week. (1 game- football track, cross country, golf, tennis—2 games for baseball/softball, basketball but could include more if tournaments fall within that week. Punishment can over to next sport or future sports(if student is not in season at time of offense.)

3rd offense- - 6 week suspension and 100 miles of running

*All offenses are cumulative throughout the athletes 4 year career

*May carry over to next sport on the calendar

*Hear-say and second hand accounts are not permissible evidence

*Administration and coaches will take into account –confession/visual evidence-photo(including social media-dated)/citation by law enforcement

*Proximity to illegal substances will be treated the same as consumption

Electronic Devices

Cell phones or other electronic devices should be left in athletics bag or locker room if available. There is never an appropriate time to have a cell phone on the bench. If an emergency arises where a phone is needed, please notify the coach.

Derogatory comments, pictures and remarks about Windthorst players, coaches and/ or representatives will be subject to discipline from the athletic department.

Locker Room

The locker room is expected to be kept clean and in order. Other teams use these locker rooms during tournaments and other games. Each person is issued a locker tag that must be turned in at the end of the year. If you lose the tag, \$5 must be paid to receive a new one next year. Nothing should be left on the floor after a practice or game. All clothing and equipment needs to be stored in your assigned locker. If you finish your last sport of the year and are a senior, your locker needs to be cleaned out two weeks after the closing of the season. Your locker may need to be used for another individual who is sharing a locker. All lockers must be cleaned out before finals week begins.

Only Windthorst players and coaches should be in the locker room unless permission has been granted by the coach.

Concession Stand

Each sport requires the players and parents to help work in the concession stand. This money goes towards an activity account kept by the school which provides any equipment that is not directly funded by the budget. By working in the concession stand, you are helping raise money for your students. The number of times you will work will depend on how many players are in each sport and the number of home games. Sign up sheets will be available via google docs which allow the parents to sign up for a time that is convenient for them. If you do not sign up, a coach will sign you up before the season starts.

1. We would like for the students and parent to work the assigned shift unless otherwise specified by the coach of the sport.
2. If you cannot work your assigned shift, you are responsible for finding someone else to replace you or switching with someone.
3. If the student and parent do not work an assigned shift, the student will return any extra items that are not directly needed for the game. Such as: backpack, socks, warm up top.
4. Once the parent and student make up the missed concession shift, the extra items will be returned.

5. If you are working on a night when your child is also playing, you may leave the concession stand to watch their game. Please help out during busy times if possible during the game.

We hope this procedure will eliminate the strain put on others when people fail to show up for their assigned shifts. It makes it difficult to work when five people are assigned but only three show up.

Managers

Managers are needed for each sport and it is easier if we have enough for every team. They will be required to attend every tournament and game. If they miss a game, the coach needs to be notified beforehand if possible. We would like at least one manager to stay after school for practice daily. Staying after school will be done on a rotating basis.

TRANSPORTATION

All athletes are expected to ride to and from the games on the school bus. However, there may be circumstances where other transportation is needed. Athletes may only leave from the contest if signed out by their parent/guardian and must leave with only their parent/guardian.

Football players are encouraged to ride the bus home after games because of the transfer of equipment

Parent Conference

If you feel you need a conference with a coach, please call or email to set up a meeting. However, please do not confront the coach before or after a practice or game. These can be emotional times for both parties and usually do not promote positive results. Coaches will be expected to meet with only one set of parents, never a group. Coaches and parents may discuss the athlete's treatment, ways to improve skills, or the athlete's behavior. A coach will not discuss playing time or position, play calling or team strategy and will never discuss another athlete on the team. Please follow the chain of command we have in place when securing a conference. 1) position coach, 2) head coach, 3) AD, 4) Superintendent

Remind 101

All teams will have a remind 101 account for their sport. We encourage you to sign up to receive the reminders. This is an easy way for the coaches to relay information to the parents. We also have a facebook page which has various announcements regarding game times and schedule changes.

Windthorst Handbook

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This is to certify that I have read this manual and am aware of all policies and operational procedures concerning Windthorst Athletics. Please assist us to ensure athletic experiences are worthwhile, rewarding, and a fun part of the educational process. Thank you for your cooperation.

Student Signature: _____ Date: _____

Parent Signature: _____ Date: _____