

Windthorst ISD
ELEMENTRY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 1 PEPPERONI PIZZA HAM/CHEESE ON PRETZEL ROLL ASSORTED CHIPS CORN ROMAINE SALAD W/TOM GREEN PEAS FRUIT COCKTAIL ORANGES ASSORTED MILKS RANCH CUP	Nov - 2 CORN DOG TURKEY/CHEESE CROIS TATER TOTS GREEN BEANS LETTUCE & TOMATO CUCUMBER DIPPERS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP	Nov - 3 POPCORN CHICKEN PBJ AND CHEESE STICK MASHED POTATOES W/ BLACK EYED PEAS BROCCOLI ROMAINE SALAD W/TOM ORANGES FROZEN SORBET ASSORTED MILKS RANCH CUP KETCHUP	Nov - 4 CHICKEN ALFREDO PBJ AND CHEESE STICK Goldfish Pretzel ROMAINE SALAD W/TOM SEASONED CARROTS MIXED VEGGIE DIPPES APPLES BANANAS ASSORTED MILKS RANCH CUP	Nov - 5 CHILI CHEESE DOG CHICKEN SALAD SANDW GREEN BEANS DORITOS MIXED VEGGIE DIPPES FROZEN SORBET APPLESAUCE CUP ASSORTED MILKS KETCHUP MUSTARD
Nov - 8 CHICKEN CHILI CRISPITO / HAM & CHEESE CROISA MEXICAN RICE REFRIED BEANS CUCUMBER DIPPERS PEACHES ORANGES ASSORTED MILKS SALSA	Nov - 9 CORN DOG TURKEY/CHEESE CROIS TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP	Nov - 10 SALISBURY STEAK W/ ROLL PBJ AND CHEESE STICK MAC AND CHEESE PINTO BEANS ROMAINE SALAD W/TOM APPLESauce CUP BANANA W/PB ASSORTED MILKS RANCH CUP	Nov - 11 GRILL CHEESE W/ PRETZEL GOLDFISH PBJ AND CHEESE STICK SEASONED CARROTS BROCCOLI ROMAINE SALAD W/TOM ELFIN GRAHAMS ORANGES ASSORTED MILKS RANCH CUP	Nov - 12 CHEESEBURGER / TURKEY WRAP/CHEESE DORITOS LETTUCE & TOMATO SEASONED CARROTS GREEN BEANS FROZEN SORBET APRICOT HALVES ASSORTED MILKS KETCHUP MUSTARD SALAD DRESSING

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*