

Windthorst ISD ELEMENTRY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 13 CHEESE PIZZA HAM/CHEESE ON PRETZEL ROLL CORN BROCCOLI CARROT STICKS ORANGES FROZEN SORBET ASSORTED MILKS MUSTARD ITALIAN DRESSING,PC	Dec - 14 CORN DOG TURKEY/CHEESE CROIS TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP ITALIAN DRESSING,PC	Dec - 15 CHICKEN NUGGETS W/ PBJ AND CHEESE STICK MASHED POTATOES W/ BAKED BEANS ROMAINE SALAD W/TOM BROCCOLI DECORATED PEARS APPLES ASSORTED MILKS RANCH CUP KETCHUP ITALIAN DRESSING,PC	Dec - 16 SPAGHETTI W/ GARLIC HAM & CHEESE CROISA MOZZERELLA STICK ROMAINE SALAD W/TOM GREEN PEAS SEASONED CARROTS FRUIT COCKTAIL APPLES ASSORTED MILKS RANCH CUP	Dec - 17 CHEESY NACHOS PBJ AND CHEESE STICK MEXICAN RICE PINTO BEANS ROMAINE SALAD W/TOM ORANGES CHOC.CHIP COOKIE ASSORTED MILKS RANCH CUP SALSA
Dec - 20 PEPPERONI PIZZA HAM/CHEESE ON PRETZEL ROLL ASSORTED CHIPS CORN ROMAINE SALAD W/TOM GREEN PEAS FRUIT COCKTAIL ORANGES ASSORTED MILKS RANCH CUP	Dec - 21 CORN DOG TURKEY/CHEESE CROIS TATER TOTS GREEN BEANS LETTUCE & TOMATO CUCUMBER DIPPERS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP	Dec - 22 POPCORN CHICKEN PBJ AND CHEESE STICK MASHED POTATOES W/ BLACK EYED PEAS BROCCOLI ROMAINE SALAD W/TOM ORANGES FROZEN SORBET ASSORTED MILKS RANCH CUP KETCHUP	Dec - 23 NO SCHOOL TODAY	Dec - 24 NO SCHOOL TODAY
Dec - 27 NO SCHOOL TODAY	Dec - 28 NO SCHOOL TODAY	Dec - 29 NO SCHOOL TODAY	Dec - 30 NO SCHOOL TODAY	Dec - 31 NO SCHOOL TODAY
Jan - 3 Jan - 10	Jan - 4 Jan - 11	Jan - 5 Jan - 12	Jan - 6 Jan - 13	Jan - 7 Jan - 14
CHEESEBURGER / PBJ AND CHEESE STICK DORITOS LETTUCE & TOMATO SEASONED CARROTS GREEN BEANS FROZEN SORBET APRICOT HALVES ASSORTED MILKS KETCHUP MUSTARD SALAD DRESSING	CHICKEN ON BUN/ Regular or Spicy TURKEY/CHEESE CROIS TATER TOTS GREEN BEANS LETTUCE & TOMATO CUCUMBER DIPPERS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP	POPCORN CHICKEN PBJ AND CHEESE STICK MASHED POTATOES W/ BLACK EYED PEAS BROCCOLI ROMAINE SALAD W/TOM ORANGES FROZEN SORBET ASSORTED MILKS RANCH CUP KETCHUP ITALIAN DRESSING,PC	SPAGHETTI HAM/CHEESE ON PRETZEL ROLL/ CORN ROMAINE SALAD W/TOM GREEN PEAS FRUIT COCKTAIL ORANGES ASSORTED MILKS RANCH CUP ITALIAN DRESSING,PC	NACHOS SUPREME PBJ AND CHEESE STICK CORN REFRIED BEANS CARROT & CELERY DIPPERS PEACHES ORANGES ASSORTED MILKS SALSA

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.