

# Windthorst ISD ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
May - 9 CHEESE PIZZA HAM/CHEESE ON PRETZEL ROLL CORN BROCCOLI CARROT STICKS ORANGES FROZEN SORBET ASSORTED MILKS MUSTARD ITALIAN DRESSING,PC	May - 10 CORN DOG TURKEY/CHEESE CROIS TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP ITALIAN DRESSING,PC	May - 11 CHICKEN NUGGETS W/ PBJ AND CHEESE STICK MASHED POTATOES W/ BAKED BEANS ROMAINE SALAD W/TOM BROCCOLI DECORATED PEARS APPLES ASSORTED MILKS RANCH CUP KETCHUP ITALIAN DRESSING,PC	May - 12 CHOPPED BBQ BEEF ON PBJ AND CHEESE STICK DORITOS GREEN PEAS PINTO BEANS MIXED VEGGIE DIPPES PEACHES ORANGES ASSORTED MILKS MUSTARD	May - 13 CHEESY NACHOS PBJ AND CHEESE STICK MEXICAN RICE PINTO BEANS ROMAINE SALAD W/TOM ORANGES CHOC.CHIP COOKIE ASSORTED MILKS RANCH CUP SALSA
May - 16 CHICKEN CHILI CRISPITO / HAM & CHEESE CROISA MEXICAN RICE REFRIED BEANS CUCUMBER DIPPERS PEACHES ORANGES ASSORTED MILKS SALSA	May - 17 CHICKEN ON BUN/ Regular or Spicy TURKEY/CHEESE CROIS TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP	May - 18 POPCORN CHICKEN PBJ AND CHEESE STICK MASHED POTATOES W/ PEAS & CARROTS CARROT & CELERY DIPPERS APPLESAUCE CUP ORANGES ASSORTED MILKS KETCHUP	May - 19 SPAGHETTI W/ GARLIC HAM & CHEESE CROISA CRUNCHY CHEETOS ROMAINE SALAD W/TOM GREEN PEAS SEASONED CARROTS FRUIT COCKTAIL APPLES ASSORTED MILKS RANCH CUP	May - 20 CHOPPED BBQ BEEF ON PBJ AND CHEESE STICK DORITOS GREEN PEAS PINTO BEANS MIXED VEGGIE DIPPES PEACHES ORANGES ASSORTED MILKS MUSTARD
May - 23 CHEESEBURGER / PBJ AND CHEESE STICK DORITOS LETTUCE & TOMATO SEASONED CARROTS GREEN BEANS FROZEN SORBET APRICOT HALVES ASSORTED MILKS KETCHUP MUSTARD SALAD DRESSING	May - 24 CHICKEN ON BUN/ Regular or Spicy TURKEY/CHEESE CROIS TATER TOTS GREEN BEANS LETTUCE & TOMATO CUCUMBER DIPPERS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP	May - 25 CHEFS CHOICE PBJ AND CHEESE STICK MASHED POTATOES W/ BLACK EYED PEAS BROCCOLI ROMAINE SALAD W/TOM ORANGES FROZEN SORBET ASSORTED MILKS RANCH CUP KETCHUP ITALIAN DRESSING,PC	May - 26 WALKING TACO PBJ AND CHEESE STICK MEXICAN RICE SEASONED CARROTS GREEN BEANS ROMAINE SALAD W/TOM PEACHES FROZEN SORBET ASSORTED MILKS RANCH CUP	

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\*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal