

**Windthorst ISD
ELEMENTARY LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 12 CHEESE PIZZA HAM/CHEESE HOAGIE W/CHIP CORN BROCCOLI CARROT STICKS ORANGES FROZEN SORBET ASSORTED MILKS MUSTARD	Dec - 13 CHICKEN ON BUN/ Regular or Spicy PBJ AND CHEESE STICK TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP ITALIAN DRESSING,PC	Dec - 14 STEAK FINGERS W/ROL PBJ AND CHEESE STICK MASHED POTATOES W/ ROMAINE SALAD W/TOM GREEN BEANS SEASONED CARROTS DECORATED PEARS APPLES ASSORTED MILKS KETCHUP RANCH CUP	Dec - 15 CHEESEBURGER / TURKEY WRAP/CHEESE DORITOS LETTUCE & TOMATO CORN GREEN BEANS FROZEN SORBET PEACHES ASSORTED MILKS KETCHUP MUSTARD SALAD DRESSING	Dec - 16 WALKING TACO PBJ AND CHEESE STICK MEXICAN RICE SEASONED CARROTS REFRIED BEANS ROMAINE SALAD W/TOM PEACHES FROZEN SORBET ASSORTED MILKS SALSA
Dec - 19 CHEESE PIZZA HAM/CHEESE HOAGIE W/CHIP CORN BROCCOLI CARROT STICKS ORANGES FROZEN SORBET ASSORTED MILKS MUSTARD ITALIAN DRESSING,PC	Dec - 20 CORN DOG TURKEY/CHEESE CROIS TATER TOTS ROMAINE SALAD W/TOM SEASONED CARROTS FROZEN STRAWBERRIE ORANGES ASSORTED MILKS MUSTARD KETCHUP RANCH CUP ITALIAN DRESSING,PC	Dec - 21 CHICKEN NUGGETS W/ PBJ AND CHEESE STICK MASHED POTATOES W/ BAKED BEANS ROMAINE SALAD W/TOM BROCCOLI DECORATED PEARS APPLES ASSORTED MILKS RANCH CUP KETCHUP ITALIAN DRESSING,PC	Dec - 22 SPAGHETTI W/ GARLIC HAM & CHEESE CROISA w/Cheeto puffs MOZZERELLA STICK ROMAINE SALAD W/TOM GREEN PEAS SEASONED CARROTS FRUIT COCKTAIL APPLES ASSORTED MILKS RANCH CUP	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*