Windthorst ISD

Feb 15, 2023

WINDTHORST K-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	Feb - 21 BREAKFAST PIZZA MUFFIN,BLUEBERRY ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts STRAWBERRY YOGURT CRAISINS BANANAS ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Feb - 22 GLAZED DONUT OATMEAL ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts BANANAS CRAISINS APRICOT HALVES ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Feb - 23 BISCUIT & SAUSAGE OATMEAL ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts CRAISINS PEARS ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Feb - 24 WAFFLES MINIS SAUSAGE PATTY ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts STRAWBERRY YOGURT APPLESAUCE CUP BANANAS ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE
Feb - 27 PANCAKES ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts ORANGES PEACHES STRAWBERRY YOGURT ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Feb - 28 BREAKFAST PIZZA MUFFIN,BLUEBERRY ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts STRAWBERRY YOGURT CRAISINS BANANAS ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Mar - 1 GLAZED DONUT OATMEAL ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts BANANAS CRAISINS APRICOT HALVES ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Mar - 2 BISCUIT & SAUSAGE OATMEAL ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts CRAISINS PEARS ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE	Mar - 3 PANCAKE ON STICK ASSORTED CEREAL BAR ASSORTED CEREALS Assorted Poptarts APPLES PEACHES ASSORTED MILKS ORANGE JUICE APPLE CHERRY JUICE GRAPE JUICE

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.***

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.